



NORTH SOMERSET AC 24-HOUR RELAY RISK ASSESSMENT



WE WILL ATTEMPT TO DELIVER THE EVENT, HOWEVER IF WEATHER FORECAST APPEARS TO JEOPARDISE SAFETY, THEN THE EVENT WILL BE POSTPONED/CANCELLED. IF, DURING THE EVENT, THE WEATHER BECOMES UNACCEPTABLE, THE EVENT WILL BE CANCELLED INSTANTLY – KEEP AN EYE ON TWITTER PAGE @NORTHSOMERSETAC FOR THIS INFO

THE TOP PRIORITY OVER THE WEEKEND IS SAFETY. THIS WILL NOT BE COMPROMISED AT ANY TIME, FOR ANY REASON. A FULL RISK ASSESSMENT HAS BEEN CARRIED OUT, AND THE FOLLOWING RECOMMENDATIONS HAVE BEEN MADE TO/FOR ATHLETES & FAMILIES – PLEASE READ FULLY

FLOORING

1A	THE PIER FLOORING IS WOODEN BOARDS. IN THE DRY THIS IS IDEAL, AND WE CAN RUN WITHOUT FEAR OF SLIPPING, PROVIDING ATHLETES ARE SENSIBLE
1B	IF IT IS RAINING/WET, THE BOARDS WILL BECOME EXTREMELY SLIPPERY. DEPENDING ON THE LEVEL OF RAIN, WE WILL RECOMMEND THE ATHLETES EITHER SLOW DOWN, OR WALK. NO SPRINTING AT ANY TIME. ATHLETES TO RUN SENSIBLY, AND TO REMAIN IN CONTROL TO MAKE ANY ADJUSTMENTS NECESSARY WHILST MOVING
1C	IF THE FLOORING IS ICY, THEN WE WILL STAY WITHIN THE COVERED CENTRAL 'SPINE' RUNNING ALONG THE LENGTH OF THE PIER

RAILINGS AND OBSTACLES

2A	ATHLETES MUST STAY AWAY FROM RAILINGS AT ALL TIMES. NO ATHLETE TO BE WITHIN SIX FEET OF THE RAILINGS AT ANY POINT FOR ANY REASON. THIS IS THE AREA OF MOST CONCERN, AND WE WILL REMOVE ANY ATHLETE PUTTING THEMSELVES OR OTHERS IN DANGER AROUND THIS AREA
2B	THERE ARE A NUMBER OF IMMOVEABLE OBSTACLES (TABLES, CHAIRS, CHILDRENS RIDES ETC). ATHLETES TO AVOID THESE, AND PLAN AHEAD TO AVOID COLLISIONS

WEATHER

3A	IF THE WEATHER IS WET, THEN WE WILL BE BASED WITHIN THE COVERED CENTRAL 'SPINE' RUNNING ALONG THE LENGTH OF THE PIER. RUNNING RECOMMENDATIONS COVERED IN 1B
3B	IF THE WEATHER IS ICY/SNOWY, THEN WE WILL STAY WITHIN THE COVERED CENTRAL 'SPINE' RUNNING ALONG THE LENGTH OF THE PIER. RUNNING RECOMMENDATIONS COVERED IN 1C
3C	IF WEATHER IS WINDY, WE WILL BE BASED UNDER COVER WITHIN THE COVERED CENTRAL 'SPINE' RUNNING ALONG THE LENGTH OF THE PIER. IF WIND IS EXTREME, THEN ALL RUNNING WILL TAKE PLACE IN THIS AREA. ATHLETES TO STAY WELL AWAY FROM THE EDGE OF THE PIER

LIGHTING

4A	LIGHTING ON THE END OF THE PIER IS MINIMAL, THEREFORE CAUTION MUST BE TAKEN BY EVERYONE THAT IS RUNNING AFTER DARK. RUN SLOWLY, AND CONCENTRATE ON FOOTING
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FOOTWEAR AND CLOTHING

5A	ATHLETES MUST BE WEARING SUITABLE FOOTWEAR (TRAINERS). ANYONE WEARING INAPPROPRIATE FOOTWEAR WILL NOT BE ALLOWED TO RUN (OR ASKED TO WALK ONLY)
5B	IT IS RECOMMENDED THAT ATHLETES TO WEAR PLENTY OF LAYERS, AND TO BRING HAT AND GLOVES. PIER CAN BE DECEPTIVELY WINDY AND COLD

OTHER USERS

6A	THERE WILL BE PLENTY OF USERS ON THE PIER DURING OUR TIME THERE (MAYBE AS MANY AS 25,000 OVER THE 24 HOURS). WE NEED TO BE RESPECTFUL TO THEM, AND REMEMBER THAT WE ARE WORKING AROUND THEM, AND NOT VICE VERSA. NO SPRINTING, AND ATHLETES TO REMAIN IN CONTROL THROUGHOUT. YOUNG CHILDREN CAN BE ERRATIC IN THEIR MOVEMENTS, AND UNAWARE OF OTHER PEOPLE, SO IT IS CRUCIAL ATHLETES 'PLAN AHEAD' WHEN THERE ARE A LOT OF PEOPLE AROUND (ESPECIALLY YOUNGSTERS). IF IT IS VERY BUSY, THEN BE PREPARED TO WALK FOR A BIT. DO NOT JUMP ON BENCHES ETC TO OVERTAKE. ANY PROBLEMS WITH OTHER USERS, PLEASE REPORT BACK TO REGISTRATION ASAP SO WE CAN RESOLVE QUICKLY
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GENERALLY

7A	ENJOY. HAVE A GREAT TIME, BUT BE SENSIBLE. IF YOU ENCOUNTER ANY PROBLEMS
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	OF ANY SORT AT ANY TIME, PLEASE REPORT BACK TO US AT REGISTRATION ASAP SO WE CAN RESOLVE AND/OR MAKE AMENDMENTS TO THE EVENT
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