

MARTIN FISHER

PRIORY LEAD COACH



PERSONAL STATEMENT

I enjoy coaching athletes the skills required to achieve their own personal goals within athletics

QUALIFICATIONS

- Athletics Coach
- Jumps Coach
- Sportshall Coach
- First Aid
- Level 2 Official

EXPERIENCE - COMPETITION

- Competed in local leagues, Avon League and South West League

EXPERIENCE – COACHING

- Coached at NSAC for over 10 years, after supporting as a parent when children were training and competing when they younger
- Official at Special Olympics at University of Bath 2015

BARRY HALL

PRIORITY ENDURANCE



PERSONAL STATEMENT

Hopefully by me coaching, helping and listening, the athletes will enjoy themselves, get fitter, have fun, and maybe go on to compete for NSAC, Avon, England, #Team GB.

If you see me limping, it's because in 2006 I had a very bad motorcycle accident, breaking my left ankle, tibia and fibula, also my left arm.

Was told by Doctor I would never run again (Little did he know!)

Running gives me freedom. I put my trainers on and head for the hills, beach, the road or the stars... Well you gotta dream!

QUALIFICATIONS

- Assistant Coach
- Run Leader for Weston AC and Portishead RC
- Time-keeper
- First-aider
- Kettlecise instructor

EXPERIENCE - COMPETITION

- Ran for Avon County at Cross-Country
- Tough Mudder finisher
- Marathon pb 2;52.42 hours
- Half-marathon pb 1;16.10 hours
- 10-mile pb 59.30 mins
- 10k pb 34.15 mins
- 5 mile pb 28.10 mins
- In the 80s and 90s I rode MOTO X, got to expert level in the AMCA, but got too expensive

EXPERIENCE – COACHING

- I started out as a parent helper when my son started athletics, and have been coaching for 10 years

BILL GREEN

PRIORY ENDURANCE



PERSONAL STATEMENT

I have always enjoyed sport, mainly football, up to the age of 32. I decided to start up with the running Club Weston AC at the age of 44 to keep fit. I got involved with NSAC to be able to give something back to sport, as I appreciated all the people that gave up their time when I was doing it. I like helping and seeing the young members of the Club improve their fitness and athletics skills, and seeing the enjoyment they get out of it as well gives me great pleasure to be a part of that

QUALIFICATIONS

- Coaching Assistant
 - First Aid
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EXPERIENCE - COMPETITION

- I have been a member of the running club Weston Athletics Club for 4 years now and regularly enter road and off road /trail races ranging from 5k , 10k, 10 miles , half marathons , 16miles etc
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EXPERIENCE – COACHING

- Coaching at North Somerset AC for five years

DARREN MAINE PRIORY



PERSONAL STATEMENT

I started coaching because my children were both competing at NSAC. I have found it very rewarding helping out, watching the athletes progress

QUALIFICATIONS

- Coaching Assistant
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EXPERIENCE - COMPETITION

- None
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EXPERIENCE – COACHING

- Helped at Club for 2 years, recently qualifying as Coach

LEE SEVIOUR PRIORY



PERSONAL STATEMENT

I started with WSM Junior Athletic Club in 2012 as a parent of two children who had been blown away by London 2012. I was asked to help out one week when one of the Coaches was ill, and have stayed ever since! Watching the athletes improve week on week is a constant motivator, and doing it with a smile on their face is even better. One of my goals for 2018 is a quicker time on my Pier Marathon! I will be looking to break the 21-hour barrier this time!!!

QUALIFICATIONS

- Coaching Assistant
- Rugby Ready Children's Coach
- Level 3 Personal Trainer
- Level 2 Fitness Instructor

EXPERIENCE - COMPETITION

- None

EXPERIENCE – COACHING

- Started Coaching at WSMJAC in 2012
- Coach at Weston Rugby Club (Juniors) since 2012
- Provide Rugby Coaching at Primary Schools in North Somerset

RICHARD BRUNSDON

HURDLES



PERSONAL STATEMENT

As my profile shows, I've loved athletics and fitness most of my life. I love to see kids try new things and hope that my experience and knowledge will help them to achieve the best they can be in all areas of athletics.

I'm a Rocky and Chariots of Fire addict, so as you can guess motivational quotes and films 'float my boat'.

Favourite quote "It's not how good you are, it's how bad you want it"

QUALIFICATIONS

- Assistant Coach
- Diploma in Sports & Exercise Science
- Advanced Level 3 Personal Trainer
- Advanced Senior Fitness Instructor
- Core and Stability Instructor
- Body Pump Instructor
- Spinning Instructor
- Group Exercise Instructor (Circuits, Aerobics etc)

EXPERIENCE - COMPETITION

- English Schools Combined Events
- Competed at Regional Level in Combined Events and Hurdles
- Completed 3 x London Marathons

EXPERIENCE – COACHING

- Coached in football, swimming and athletics over the last 8 years, as well as assisting golfers, tennis players and most sports you can think of when I was in the fitness industry
- I am currently a strength and conditioning coach for Weston Swimming Club

WILL FULLER WESTON



PHOTOGRAPH TO FOLLOW

PERSONAL STATEMENT

I started athletics when I was 9 and instantly loved it. I started coaching 18 months ago to give something back to the club. I absolutely love seeing the young athletes develop week on week and it's amazing to be a part of that.

QUALIFICATIONS

- Assistant Coach
- NSAC Ambassador

EXPERIENCE - COMPETITION

- I've completed on numerous occasions all in endurance-based events. Mainly cross country as it's my favourite. I have run for Avon at the south west cross-country championships. I am now doing more road races such as the Bristol 10k and London 10,000 over the next couple of weeks.

EXPERIENCE – COACHING

- I have been coaching for North Somerset for around about 18 months now and still really enjoying it.